

*“There is
hope, even
when your
brain tells you
there isn’t”*


-John Green

WE’RE
HERE TO
HELP

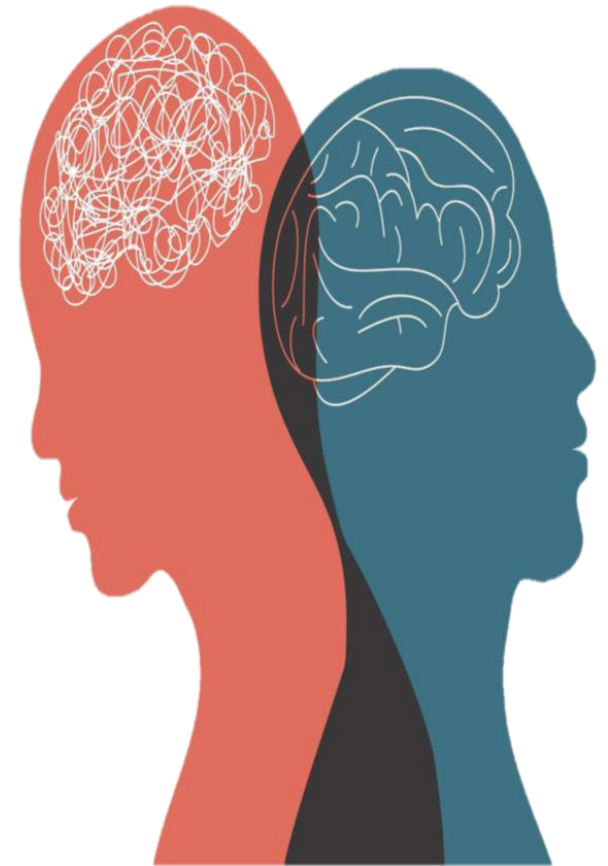
OCCHA, Inc.

A Social Service Agency
serving the Hispanics and
Multi-Cultural Community

3660 Shirley Road
Youngstown, Ohio 44502
330.781.1808

 www.facebook.com/occhaohio
www.occhaohio.org

OCCHA
Mental Health
Navigator
Program



The Mental Health Navigator will refer you to professional help if you are experiencing any of these symptoms:

- Stress and Anxiety
- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Anger Management
- Autism Disorder
- Depression
- Developmental Disorders
- Divorce
- Grief and Loss
- Post-Traumatic Stress Disorder (PTSD)
- Relationship Problems
- Social-Emotional Impairments
- Trauma
- Psychiatric Services
- Case Management
- Outpatient Psychotherapy
- Individual & Group Counseling
- Psychosocial Rehabilitation
- Substance Use Disorders (SUD) Treatment
- Alcohol and Other Drug Treatment (AoD)
- Assertive Community Treatment (ACT)

Program Overview

OCCHA's Mental Health Navigator Program's goal is to work with the Hispanic and Multi-cultural communities and their families through discussion and collaboration to provide information on best options and referrals to Behavioral Health professionals, facilities, and organizations specializing in the client's needs.

Individuals needing information or referrals to Behavioral Health professionals can call our Community Health Liaison at 234.228.9116 Referral Line to Mental Health available Monday through Friday 8:30a.m. to 4:00p.m. or leave a message any time.

IMPORTANT: This is not an emergency line, if you are experiencing a Mental Health crisis you can call 9-1-1.

Services are confidential!

We can refer clients needing help in any of the following counties:

- Mahoning County
- Ashtabula County
- Columbiana County
- Summit County
- Trumbull County

Key Clients

- Children
- Adolescents
- Adults

For more information on the Mental Health Navigator Program call 234.228.9116